

Lyme Academy of Fine Arts

Figure Painting with David Baird

Workshop Supply List

These are the supplies I use most often for oil painting. Students are welcome to substitute materials with which they are more comfortable.

- Sealed Wood Palette—*Palettes can be sealed using linseed oil or Liquin and applied in several coats. Students can also purchase presealed palettes. I will often buy Feathers Touch palettes as they are extremely lightweight and economical. New Wave is also a great choice and a good investment.*
- Palette cups (1-2) or other small containers with closable lids for mediums & solvents
- Paper Towels
- Palette Knife
- Viewfinder

MEDIUMS

- Any odorless solvent (Gamsol, etc)
- 50/50 Linseed oil and Solvent *-or-* Chelsea Classical Studio LEAN medium
- Liquin (small)

BRUSHES

A variety of brushes is recommended. Students are welcome to bring brushes they are accustomed to using, as well. Here are some brands of brushes that I use:

- Rosemary Eclipse, filbert/round, various sizes
- Raphael Kaerell (Rounds/ Filberts, various sizes)
- Princeton Summit (ROUNDS/FLATS, various sizes)

CANVAS/SURFACE

We will begin with shorter paintings and finish the class with a longer pose. Bring at least 3-4 surfaces.

Please bring a variety of sizes—no smaller than 9 x 12 inches, and as large as 16 x 20 inches.

I prefer to use CLAESSENS 13SP or 13DP. I also use wood panels primed with several coats of Michael Harding non-absorbent gesso (Neutral Grey). Students may want to lightly tone their surface with a neutral mixture of oil paint thinned with odorless solvent or

Liquin, especially if using a white primer. Please use a well-primed surface and avoid using cotton canvas.

PAINTS

Students are welcome to work with their preferred palettes and supplement with new pigments if they like. For certain pigments, I recommend getting the brand listed, as these colors vary noticeably from brand to another.

CORE PALETTE

- Fast matte/Alkyd White (Gamblin or Winsor Newton)
- Indian Yellow (Michael Harding)
- Cadmium orange
- Winsor Red (Winsor Newton)
- Quinacridone Violet
- Cobalt Blue (Michael Harding)
- Burnt umber
- Ivory Black

OPTIONAL COLORS

- Olive Green (Old Holland)
- Flake White (Michael Harding)
- Titanium Buff (Michael Harding)
- Neutral Gray (Gamblin)
- Ultramarine Blue

DRAWING

This class will focus on painting, however I frequently do drawings to help understand certain aspects of the motif. In this case, I will use graphite pencils (2H, HB, 4B) in my sketchbook, but generally any paper will be fine.

- Kneaded eraser
- Pencil Sharpener
- Ruler